



# TOOL BOX TALK



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## Reducing Noise on the Job

Many of the large pieces of equipment used on a construction job site produce noise levels that could exceed the OSHA time limit average of 85 decibels. Here are some helpful tips to reduce noise level on the job.

1. For loaders, trucks, pick-up trucks and other cab equipment and implement and adhere to a “windows up” policy. Loaders or other large equipment, make sure you roll up the windows when operating in the cab for longer periods of time.
2. Fix squeaky doors, assure the CB and other radio devices are turned down.
3. Perform preventive maintenance on equipment to assure that the equipment isn’t squeaking or producing unnecessary noise. Use rubber linings to reduce impact or force noise.
4. Preventive maintenance on brakes especially to eliminate the grinding noise.
5. For using chisels or power activated equipment and others where the proper \_\_\_\_\_ to reduce noise impairment, i.e. earplugs and or indoor mufflers. When donning ear protection assure that the ear protection is placed into the ear using the proper method i.e. hold the ear plug in the ear for 15 seconds to assure that the rubber fabric molds to the ear shape before pulling out.

Hearing loss is non-reversible. These tips should help.

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